



# ENABLE: A MODEL FOR TRANSFORMING COMMUNITY HEALTH CARE IN SOUTH AFRICA ...AND BEYOND

A UNIQUE OPPORTUNITY TO MULTIPLY  
YOUR IMPACT PHILANTHROPY

● one to ● one  
children's fund  
transforming lives

- > IN SOUTH AFRICA, HALF OF CHILD DEATHS OCCUR WITHIN THE FIRST MONTH OF LIFE.
- > 20% OF CHILDREN IN OUR CATCHMENT AREA ARE MALNOURISHED.
- > 24% OF PREGNANT MOTHERS ARE HIV POSITIVE.

**THE ENABLE SOLUTION:** INTEGRATED, DOOR-TO-DOOR, HEALTH INTERVENTIONS BY TRAINED MENTOR MOTHERS, PROVIDING ACCESS AND REFERRALS TO CLINICS AND HOSPITALS WHEN NEEDED.



# ENABLE, THE IMPACT SO FAR...

In 2016, One to One received funding from UBS Optimus Foundation for a three-year pilot programme called ENABLE, aimed at reducing child mortality and morbidity amongst under 5s in the Eastern Cape Province of South Africa – one of the poorest districts in one of the most under-served provinces in the country.

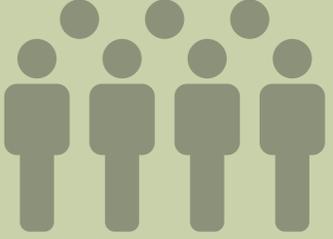
This first phase of the project involved recruiting local women as Mentor Mothers to bring integrated maternal and child health information and services directly into the homes of vulnerable children, pregnant women and their families who otherwise would not be able to get to the clinic or hospital.

To date, our Mentor Mothers have accumulated a caseload of 1,452 clients of which 669 are children, and a further 36,905 members of the community receive health and awareness-raising sessions, addressing issues such as family planning, HIV and treatment adherence, and child and maternal health.

In addition, 3,340 children have been weighed and are monitored until the age of 6. The stand-out achievement of the project so far has been an almost 0% mother-to-child transmission of HIV rate after more than 500 births, despite the fact that nearly 24% of the mothers we work with are HIV+.



# 4,692 PEOPLE, OF WHICH 3909 ARE CHILDREN, HAVE DIRECTLY BENEFITED FROM ENABLE.



# 615



PEOPLE TRAINED,  
EDUCATED AND  
COUNSELLED.



# 36,905

MEMBERS OF  
THE COMMUNITY  
BENEFITED FROM  
HEALTH AND  
AWARENESS-RAISING  
SESSIONS, OF WHICH  
**20,453** ARE CHILDREN.

# ROLLING OUT THE CONCEPT IN PARTNERSHIP WITH LOCAL GOVERNMENT

Building on the success of the pilot phase, we are now ready to implement an expanded and enhanced three-year scale up of the project, working directly with the Department of Health. This second phase will be innovative in seamlessly combining existing government-funded health structures with the expertise we have gleaned through the implementation of our pilot.

The focus of the expansion will remain in the more remote communities within Nyandeni municipality, who will all benefit from improved access to health care, information sharing and awareness-raising, and the strengthening of advocacy around health systems.

Our 30 Mentor Mothers will continue their impactful work and will act as a reference site for training an additional 30 Government Community Health Workers, providing them with the support they need to enhance their reach to the women and children in the communities they work.

A new mobile technology tool, using Android tablets for improved data collection and analysis will be introduced. Crucially, the data collected will be more comprehensive, providing a broader view of the household and not exclusively through the lens of pregnant women, babies, and malnourished children under the age of 5.

The impact on families in this removed and impoverished area will be enormous, with evidence already received from local hospitals of a significant reduction in maternal and child mortality.

The success of this new phase has the potential to transform healthcare delivery, in partnership with government, across South Africa... and beyond.

> **TRAIN 30 GOVERNMENT COMMUNITY HEALTH WORKERS IN THE MENTOR MOTHER MODEL.**

> **ENHANCED DATA COLLECTION AND ANALYSIS THROUGH MOBILE TECHNOLOGY.**

> **EVIDENCE OF IMPACT WILL SUPPORT GOVERNMENT SCALE UP OF THE ENABLE MODEL ACROSS SOUTH AFRICA... AND BEYOND.**

## THE ENABLE 'DOOR TO DOOR' SERVICE

- PREGNANCY AND ANTENATAL CARE
- ACCESS TO HIV TESTING
- ACCESS TO ANTIRETROVIRAL TREATMENT
- REHABILITATION OF UNDERWEIGHT BABIES AND CHILDREN AGED 2-5
- INFANT IMMUNISATION AND DEWORMING
- VITAMIN SUPPLEMENTS
- REFERRALS TO CLINICS AND HOSPITALS
- BREASTFEEDING EDUCATION
- HOME BASED CARE
- NUTRITION EDUCATION & SEEDS FOR VEGETABLE GARDENS
- SUPPORT GROUPS FOR PEOPLE LIVING WITH HIV
- SCHOOL OUTREACH PROGRAMMES FOR ADOLESCENTS
- ACCESS TO CHILD SUPPORT GRANTS
- ACCESS TO BIRTH REGISTRATION AND ID DOCUMENTS
- ADVOCACY AND CONSULTATION WITH AND ON BEHALF OF THE COMMUNITY

# A UNIQUE OPPORTUNITY TO MULTIPLY YOUR IMPACT PHILANTHROPY BY A FACTOR **10X**

Thanks to our wonderful collaboration with the UBS Optimus Foundation, we are able to offer you a unique opportunity to multiply the impact of your philanthropy by a factor of 10.

# 10X

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**HOW** £200,000  
**CAN BECOME**  
£2,000,000.

If One to One Children's Fund raises £200,000, the Foundation will raise a further £1.8m